

Runners Number	Time	Race Pos	Forename	Surname	Gndr	Cat	Cat Pos	Club	NSRRA
			STAFFS	KNOT	5	miles	RESULTS		
2	26.12	1	Ben	Gamble	M	Sen	1	Tipton harriers	86
3	27.26	2	Matt	Woodman	M	Sen	2	stafford Harriers	
9	27.33	3	Chris	Hollingshead	M	M40	1	stafford Harriers	
226	27.48	4	Adam	Blundell	M	U21	1	Unattached	
70	28.33	5	Chris	Perrin	M	U21	2	Cannock and Stafford	
71	28.35	6	James	Perrin	M	U21	3	Cannock and Stafford	
105	28.43	7	Alex	Benfield	M	U21	4	Burton AC	
83	28.45	8	Mark	Neeld	M	M40	2	Stone master marathoners	105
205	28.49	9	Steve	Vaughn	M	Sen	3	stafford Harriers	
181	28.50	10	Peter	Dutton	M	Sen	4	Unattached	
175	28.55	11	Martin	Tunnock	M	Sen	5	Telford A C	
61	28.59	12	Carl	Platt	M	Sen	6	Trentham running club	87
108	29.04	13	Peter	Dimbley	M	Sen	7	Birchfield harriers	
21	29.06	14	Andy	Gore	M	M40	3	Chorley harriers	
7	29.17	15	Paul	Lester	M	M40	4	Cannock and Stafford	
51	29.24	16	Mark	Flint	M	M45	1	Newcastle runners club	28
156	29.39	17	Ian	Sparks	M	Sen	8	Newcastle AC	
355	29.45	18	Sarah	Johnson	F	U21	1	Trentham running club	281
164	29.52	19	Michael	Morley	M	M45	2	Birchfield harriers	
122	29.53	20	Ian	Pincher	M	M45	3	Wolverhampton & bilston	
53	30.00	21	Nathan	Sabin	M	U21	5	stafford Harriers	
59	30.17	22	Ian	Salt	M	Sen	9	Uttoxeter road runners	260
242	30.19	23	Andrew	Mayers	M	M40	5	South cheshire harriers	313
128	30.22	24	Paul	Clinton	M	M40	6	Trentham running club	141
239	30.25	25	kelvin	Amos	M	M50	1	Staffordshire moorlands AC	
185	30.48	26	Richard	Read	M	Sen	10	Wolverhampton & bilston	
194	30.50	27	Aaron	Houseman	M	U21	6	Cannock and Stafford	
232	30.52	28	Windel	Simpson	M	M45	4	Birchfield harriers	
189	30.55	29	Rob	Hall	M	Sen	11	Uttoxeter road runners	
66	31.01	30	Daz	Ward	M	Sen	12	Cheadle running club	82
477	31.04	31	Mandy	Vernon	F	F40	1	Trentham running club	246
102	31.07	32	Simon	Danks	M	M40	7	Uttoxeter road runners	52
125	31.11	33	Matthew	Smith	M	Sen	13	South cheshire harriers	
179	31.22	34	Robert	Tabbanor	M	M50	2	Trentham running club	
148	31.23	35	Ben	Lain	M	Sen	14	Unattached	
139	31.55	36	Neil	Jones	M	M40	8	South cheshire harriers	17
211	31.56	37	Ian	Maxwell	M	M45	5	Telford harriers	
99	32.07	38	Simon	McNamee	M	Sen	15	Birchfield harriers	

88	32.08	39	Jason	Thomas	M	M40	9	Trentham running club	
142	32.10	40	Michael	Smith	M	U21	7	Cannock and Stafford	
191	32.10	41	Mark	Powell	M	Sen	16	Pensby Runners	
182	32.10	42	Darren	Fahey	M	Sen	17	Run dowty marathon club	
44	32.12	43	Geoff	Farmer	M	M60	1	Oak park running club	55
52	32.24	44	Paul	Burslem	M	M45	6	Trentham running club	255
186	32.32	45	David	Clarke	M	Sen	18	Unattached	
243	32.33	46	Nicholas	Hackett	M	Sen	19	South cheshire harriers	101
416	32.34	47	Sue	Street	F	Sen	1	Tipton harriers	
81	32.35	48	John	Hurley	M	M55	1	Matlock AC	
204	32.39	49	Ivor	Twiss	M	M55	2	South cheshire harriers	123
115	32.43	50	Russell	williams	M	M50	3	Cheadle running club	201
45	32.45	51	Chris	Mosiuk	M	Sen	20	Trentham running club	59
210	32.48	52	Francesco	Caci	M	Sen	21	Michelin AC	98
241	32.59	53	Nick	Dunning	M	M40	10	South cheshire harriers	106
154	32.59	54	Ken	Fotherby	M	M55	3	Wolverhampton & bilston	
85	32.59	55	Daniel	Peel	M	Sen	22	Newcastle AC	374
162	33.10	56	Stephen	Grubb	M	M50	4	Aldridge running club	
94	33.11	57	Robert	Kennard	M	M45	7	Dudley & kingswinford RC	
228	33.15	58	Ian	Wood	M	M45	8	Oak park running club	356
55	33.23	59	David	Tatton	M	Sen	23	Telford A C	
41	33.28	60	George	Mafu	M	Sen	24	stafford Harriers	
100	33.32	61	Christopher	Sprules	M	M45	9	Aldridge running club	
29	33.35	62	Craig	Taylor	M	Sen	25	Newcastle AC	66
79	33.40	63	Nigel	Payne	M	M50	5	Michelin AC	143
64	33.47	64	Neil	Stretton	M	M55	4	Oak park running club	113
114	33.52	65	Paul	Bosson	M	M50	6	stafford Harriers	
146	33.55	66	Gary	Payne	M	Sen	26	Trentham running club	2
216	34.01	67	Andy	Walsh	M	Sen	27	Lichfield running club	
166	34.06	68	Mark	Orme	M	Sen	28	chase Harriers	
82	34.13	69	Neil	Ridgway	M	M50	7	South cheshire harriers	78
27	34.17	70	Kenneth	Bloor	M	M50	8	Trentham running club	562
188	34.19	71	John	Taylor	M	M40	11	Newport	
235	34.25	72	Spencer	Davies	M	M40	12	Teleford AC	237
233	34.27	73	Damian	Hood	M	Sen	29	Unattached	
190	34.28	74	Chris	Naylor	M	Sen	30	Michelin AC	
48	34.32	75	Mick	Beardsmore	M	M60	2	Cheadle running club	130
124	34.34	76	Steve	Ingleby	M	M45	10	Unattached	
203	34.35	77	John	Harrison	M	Sen	31	Unattached	
89	34.36	78	Matthew	Vale	M	M40	13	Lichfield running club	
16	34.38	79	Mark	Homer	M	M50	9	Dudley	
165	34.42	80	Nick	Hewitt	M	M40	14	Birchfield harriers	

17	34.46	81	Anthony	Hayhoe	M	M45	11	NSRRA	277
26	34.55	82	James	Lake	M	U21	8	Cannock and Stafford	
69	34.56	83	Andrew	Perrin	M	M45	12	Unattached	
438	34.59	84	Tracy	Lovatt	F	F40	2	Unattached	
428	35.09	85	Kirsty	Stephenson	F	Sen	2	Stafford harriers	
131	35.11	86	Joel	Gamble	M	U21	9	Unattached	
238	35.12	87	Lee	Jones	M	M40	15	Trentham running club	62
458	35.18	88	Chris	Skellern	F	F45	1	stafford Harriers	549
54	35.19	89	Graham	Cope	M	M40	16	Uttoxeter road runners	400
56	35.20	90	Nigel	Tatton	M	M45	13	Telford A C	
92	35.22	91	Frank	Cacci	M	M50	10	Trentham running club	
35	35.25	92	Colin	Jackson	M	M60	3	Aldridge running club	
365	35.29	93	Christine	Kilkenny	F	F55	1	Cannock and Stafford	163
23	35.30	94	Mark	Bentley	M	M45	14	stafford Harriers	449
60	35.38	95	Adam	Doig	M	M40	17	Stone master marathoners	74
224	35.44	96	Jim	Greenwood	M	Sen	32	West bromwich harriers	
140	35.47	97	Kevin	Uzzell	M	M60	4	Stone master marathoners	354
234	35.50	98	Thomas	Holroyd	M	Sen	33	Unattached	
453	35.55	99	Deborah	Blakeman	F	F35	1	Sneyd striders	
110	35.56	100	Rob	Cummings	M	M45	15	South cheshire harriers	8
470	35.57	101	Amy	Gamble	F	F35	2	Stone master marathoners	289
149	35.59	102	Frank	Lain	M	M60	5	Unattached	
177	36.02	103	Neil	Gerrity	M	Sen	34	Newcastle AC	
91	36.03	104	Gary	Jones	M	M40	18	Michelin AC	553
57	36.05	105	Luke	Tatton	M	U21	10	Telford A C	
406	36.08	106	Tracey	Gee	F	F40	3	Stafford harriers	171
50	36.08	107	Lawrence	Yeomans	M	Sen	35	Lichfield	
111	36.11	108	Brian	Russell	M	M60	6	Dudley & kingswinford RC	
147	36.18	109	Michael	Willis	M	Sen	36	Unattached	
378	36.22	110	Sarah	Terry	F	Sen	3	Cannock and Stafford	
212	36.24	111	Simon	Kimberley	M	M50	11	Sneyd striders	
157	36.28	112	Charles	Larson	M	M40	19	Newcastle AC	315
118	36.30	113	Gary	Whiteside	M	M45	16	Unattached	
173	36.37	114	Dave	Cook	M	Sen	37	stafford Harriers	
384	36.39	115	Sarah	Taylor	F	F40	4	Michelin AC	
68	36.40	116	Tom	Exton	M	U21	11	stafford Harriers	
161	36.41	117	Steve	Wootton	M	Sen	38	Wrekin road runners	
172	36.45	118	Chris	Owen	M	M40	20	stafford Harriers	116
497	36.48	119	Beverley	Noble	F	F40	5	Chase Harriers	194
223	36.49	120	Andrew	Moseley	M	M45	17	West bromwich harriers	
63	36.52	121	Dave	Payling	M	M45	18	stafford Harriers	
37	36.54	122	Brian	Mackey	M	M65	1	Uttoxeter road runners	461

225	37.01	123	Neil	White	M	Sen	39	Unattached	
145	37.02	124	Mark	Palmer	M	Sen	40	Unattached	
77	37.05	125	Ken	Pearson	M	M55	5	Trentham running club	340
30	37.09	126	Jonathan	Pierce	M	M60	7	Telford harriers	310
78	37.11	127	Gareth	Hardwick	M	Sen	41	Unattached	
193	37.15	128	Eddie	Smith	M	M55	6	stafford Harriers	342
246	37.18	129	John	Wood	M	M50	12	Michelin AC	95
195	37.27	130	Ken	Liddington	M	Sen	42	Burntwood triathlon club	
58	37.29	131	Mark	Oliver	M	M40	21	stafford Harriers	
240	37.30	132	James	Thorpe	M	Sen	43	stafford Harriers	309
25	37.33	133	chris	Lake	M	Sen	44	chase Harriers	
214	37.35	134	Thomas	James	M	U21	12	Unattached	
132	37.36	135	Alan	Derry	M	M45	19	stafford Harriers	
441	37.38	136	Rosemary	Wilson	F	F50	1	Trentham running club	394
358	37.39	137	Nina	Whitbrook	F	Sen	4	Burntwood Tri club	
121	37.40	138	Daniel	Oxley	M	Sen	45	Unattached	
213	37.46	139	David	Robson	M	M45	20	Unattached	
116	37.48	140	Mak	Singh	M	M55	7	Unattached	
112	37.50	141	James	Laurie	M	M40	22	Silson joggers AC	
386	37.51	142	Sara	Houlton	F	Sen	5	Unattached	
463	37.52	143	Rachel	Yates	F	F35	3	Stone master marathoners	4
488	37.57	144	Dot	Fellows	F	F60	1	Cannock and Stafford	179
117	38.06	145	Mark	Willson	M	M40	23	Unattached	
10	38.08	146	Alan	Jeavans	M	M60	8	Unattached	
445	38.10	147	Cassandra	Jackson	F	F40	6	Lichfield RC	
18	38.12	148	Neil	Corby	M	M45	21	Cheadle running club	335
152	38.13	149	Richard	Saunders	M	M50	13	chase Harriers	
180	38.19	150	Colin	Downey	M	M50	14	Stourbridge	
377	38.22	151	Liz	Clutton	F	F55	2	Cheadle running club	390
72	38.28	152	Robin	Eley	M	M40	24	stafford Harriers	
12	38.29	153	Adrian	Lees	M	M40	25	NSRRA	79
101	38.39	154	Shane	Morrison	M	M45	22	chase Harriers	
222	38.41	155	John	Quinn	M	M65	2	Aldridge running club	
73	38.43	156	Cliff	Cartwright	M	M45	23	Lichfield running club	
28	38.46	157	Alex	Wilson	M	Sen	46	NSRRA	366
207	38.46	158	Darren	Pyatt	M	M40	26	Unattached	
11	38.55	159	John	Dunn	M	M60	9	NSRRA	214
90	38.56	160	John	Holmes	M	M55	8	NSRRA	495
184	38.58	161	Andrew	Dasey	M	Sen	47	Newcastle	
413	39.02	162	Vici	Richardson	F	Sen	6	Peel road runners	
133	39.07	163	Stephen	Brookes	M	M40	27	Stone master marathoners	375
144	39.16	164	Paul	Mansell	M	M40	28	West bromwich harriers	

167	39.17	165	Nick	Green	M	Sen	48	Uttoxeter road runners	365
42	39.19	166	Roy	Clay	M	M55	9	stafford Harriers	405
151	39.23	167	Jason	Lee	M	Sen	49	Aldridge running club	
176	39.33	168	Samuel	Evans	M	U21	13	stafford Harriers	
491	39.36	169	Sharon	Willis	F	F40	7	Potters trotters	291
93	39.40	170	Des	Farrington	M	M45	24	Unattached	
138	39.42	171	Graham	Bagnall	M	M65	3	Unattached	
126	39.47	172	Frank	Shepley	M	M55	10	Stone master marathoners	42
464	39.53	173	Carly	Hall	F	Sen	7	Aberdeen Aac	
484	39.57	174	Sally	Crisp	F	Sen	8	Staffors triathlon club	
208	40.01	175	Rich	Hill	M	Sen	50	Unattached	
475	40.04	176	Rachel	Parker	F	F35	4	Aldridge running club	
220	40.06	177	Robert	Griffith	M	M40	29	chase Harriers	
448	40.08	178	Liz	Stanyer	F	F40	8	stafford Harriers	232
43	40.09	179	Roger	Hayward	M	M50	15	Birchfield harriers	
13	40.11	180	Graham	McLachlan	M	Sen	51	Michelin AC	359
407	40.13	181	Emma	Hurcombe	F	F45	2	Stafford harriers	
494	40.14	182	Ann	Williams	F	F45	3	NSRRA	186
183	40.16	183	Simon	Mansell	M	Sen	52	Stone master marathoners	
402	40.16	184	Pam	Davies	F	F55	3	Stone master marathoners	107
366	40.16	185	Mary	Ross	F	F50	2	Birchfield harriers	
160	40.19	186	Paul	Poulton	M	M55	11	chase Harriers	
143	40.31	187	Darren	Beattie	M	Sen	53	Dudley & kingswinford RC	
490	40.41	188	Jill	Phillips	F	F50	3	Trentham running club	244
219	40.45	189	Colin	Mitchell	M	M45	25	stafford Harriers	
457	40.51	190	Esther	Hughes	F	F35	5	stafford Harriers	
22	41.00	191	Michael	Molloy	M	M45	26	NSRRA	264
200	41.13	192	Nigel	Lee	M	M55	12	Newcastle AC	479
130	41.15	193	Russell	Reid	M	M50	16	Uttoxeter road runners	69
158	41.17	194	Chris	Cox	M	M55	13	Lichfield running club	
67	41.23	195	Chris	Hall	M	M45	27	Unattached	
62	41.30	196	Tony	Grocott	M	M55	14	Unattached	
24	41.37	197	Phil	Thomas	M	Sen	54	Trentham running club	
84	41.39	198	Nigel	Symms	M	M45	28	Newcastle AC	26
75	41.44	199	Colin	Pheasant	M	M55	15	chase Harriers	382
247	41.45	200	Jonathon	Wood	M	U21	14	Unattached	
439	41.46	201	Julia	Holbrook	F	F40	9	Unattached	
38	41.49	202	Simon	Hudson	M	M50	17	Aldridge running club	
459	41.51	203	Laura	Emms	F	Sen	9	Wolverhampton & bilston	
380	41.52	204	Jane	Morris	F	F35	6	Lichfield RC	
178	41.53	205	John	Greatholder	M	M60	10	stafford Harriers	
201	41.59	206	Robert	Kemp	M	Sen	55	Unattached	

361	42.05	207	Thelma	Powell	F	F40	10	Wolverhampton & bilston	
80	42.14	208	Gerald	Davis	M	M65	4	Stone master marathoners	268
86	42.15	209	Chris	Morris	M	Sen	56	Unattached	
436	42.26	210	Lucy	Ross	F	Sen	10	Unattached	
106	42.27	211	Matt	Benfield	M	Sen	57	Burton AC	
98	42.28	212	Richard	Baker	M	M55	16	Amazing feet RC	
456	42.35	213	Amanda	Clay	F	F40	11	stafford Harriers	
437	42.40	214	Susan	Baker	F	F50	4	Cheadle	206
383	42.41	215	Helen	Phillips	F	F45	4	Aldridge running club	
388	42.42	216	Amy	Yeomans	F	Sen	11	Stafford harriers	
432	42.48	217	Lisa	Percox	F	F40	12	Stafford harriers	
97	42.54	218	Francesco	Dellicompag	M	Sen	58	Unattached	
382	43.04	219	Cathryn	Jones	F	F40	13	Aldridge running club	
127	43.07	220	Christian	Jones	M	M45	29	Unattached	
76	43.10	221	Keith	Goss	M	M60	11	Uttoxeter road runners	336
153	43.13	222	Andrew	Greaves	M	Sen	59	Peel road runners	
429	43.28	223	Karen D	Murray	F	F50	5	Stafford harriers	
472	43.34	224	Amanda	Swift	F	F35	7	Potters trotters	160
425	43.42	225	Helen	Briggs	F	F40	14	Cheadle running club	
379	43.49	226	Claire	Bradshaw	F	Sen	12	Unattached	
381	43.52	227	Karen	Murray	F	F45	5	Stafford harriers	224
74	43.52	228	Darren	Taylor	M	M45	30	chase Harriers	484
367	43.55	229	Marion	Peak	F	F45	6	Birchfield harriers	
385	43.56	230	Shelley	Price	F	Sen	13	Newport	
479	43.57	231	Anne-Marie	Mountford	F	F35	8	Stone master marathoners	182
461	43.59	232	Julie	Nicholls	F	F40	15	Unattached	
40	44.01	233	Liam	Bradley	M	M60	12	Aldridge running club	
221	44.04	234	Tom	Shaw	M	M40	30	Michelin AC	
171	44.05	235	Graham	Williams	M	M65	5	stafford Harriers	65
473	44.08	236	Helen	Hirst	F	F55	4	Aldridge running club	
476	44.17	237	Jaki	Chambers	F	F35	9	Potters trotters	175
107	44.28	238	Andy	Worsley	M	Sen	60	Unattached	
33	44.56	239	Robert	Findler	M	M50	18	Newcastle AC	261
368	45.04	240	Helen	Bloomer	F	F45	7	Birchfield harriers	
474	45.06	241	Karen	Sabin	F	F40	16	stafford Harriers	
496	45.12	242	Abigail	Wright	F	Sen	14	Aldridge running club	
469	45.14	243	Sarah	Tatton	F	U21	2	Telford A C	
424	45.17	244	Gill	Hunt	F	F40	17	Unattached	
31	45.49	245	Tony	Baker	M	M50	19	stafford Harriers	72
163	45.55	246	Terry	Murphy	M	M65	6	Stone master marathoners	398
498	45.55	247	Tracey	Hughes	F	F35	10	Uttoxeter road runners	
123	45.55	248	Mark	Clayton	M	M40	31	Unattached	

419	45.56	249	Eleanor	Russell	F	U21	3	Unattached	
446	45.57	250	Sharon	Blest	F	F50	6	Sneyd striders	
499	46.01	251	Melanie	Brown	F	F45	8	Aldridge running club	
487	46.05	252	Joyce	Edwards	F	F60	2	Stone master marathoners	124
427	46.08	253	Teresa	Grundy	F	Sen	15	Unattached	
202	46.14	254	Mark	Lilley	M	Sen	61	Unattached	
500	46.23	255	Amy	Wilshaw	F	Sen	16	stafford Harriers	
362	46.25	256	Angela	White	F	F40	18	Unattached	
410	46.43	257	Caroline	Princep-Berç	F	F40	19	Wrekin RR	
495	46.56	258	Anne	Kelsall	F	F50	7	Aldridge running club	
215	47.01	259	Bob	Houghton	M	M65	7	Lichfield running club	
414	47.03	260	Samantha	Bream	F	F35	11	Staffordshire police	
137	47.07	261	Clive	Russell	M	M55	17	Canock and stafford	
415	47.09	262	Lisa	Moreton	F	Sen	17	Staffordshire police	
217	47.11	263	Andrew	Spears	M	Sen	62	Unattached	
170	47.18	264	Edward	Taylor	M	M65	8	Rugley runners	
249	47.19	265	James	Sedgley	M	Sen	63	Unattached	
120	47.20	266	John	Brown	M	M65	9	Wolverhampton & bilston	
364	47.22	267	Jane	Quinn	F	F55	5	Aldridge running club	
420	47.26	268	Helen	Manton	F	F40	20	Peel road runners	
485	47.28	269	Sue	Davies	F	F45	9	South cheshire harriers	140
363	47.30	270	Julie	Griffiths	F	F45	10	Stone master marathoners	
430	47.31	271	Dave	Banner	M	M45	31	Stafford harriers	
231	47.32	272	Christopher	Pearce	M	Sen	64	Unattached	
431	47.33	273	Sally	Burns	F	Sen	18	Stafford harriers	
389	47.35	274	Kate	Bonser	F	F35	12	Unattached	
447	47.36	275	Janet	Evans	F	F40	21	South cheshire harriers	100
454	47.42	276	Susan	Sutton	F	F45	11	Michilin AC	
206	47.44	277	Jason	Vigrass	M	M40	32	Aldridge running club	
187	47.46	278	Les	Smith	M	M55	18	Unattached	
417	47.48	279	Pauline	Smith	F	F50	8	Aldridge running club	
478	47.50	280	Mandi	Hodges	F	F45	12	Aldridge running club	
218	47.56	281	Richard	Field	M	Sen	65	Unattached	
359	47.57	282	Amanda	Pearce	F	F50	9	Stafford harriers	
95	48.03	283	Simon	Stanyer	M	M45	32	stafford Harriers	
248	48.10	284	Mac	McCoig	M	M60	13	Stone master marathoners	261
412	48.12	285	Andrea	McCutcheor	F	F35	13	Michilin AC	
103	48.23	286	David	Lea	M	M65	10	Birchfield harriers	
409	48.31	287	Lorraine	Clarke	F	F45	13	Mow cop runners	
109	48.51	288	John	Buckby	M	M65	11	West bromwich harriers	
462	49.01	289	Hilary	Hollington	F	F60	3	Sneyd striders	
480	49.02	290	Kate	Christian	F	F45	14	Sneyd striders	

14	49.03	291	Mark	Hancock	M	M40	33	Unattached	
209	49.04	292	Brian	Dawson	M	M65	12	Birchfield harriers	
411	49.12	293	Bridget	McCourt	F	F40	22	Michilin AC	
418	49.26	294	Fiona	Russell	F	F45	15	Cannock and Stafford	
15	49.36	295	John	Bradbury	M	M45	33	NSRRA	94
376	50.00	296	Sissi	Ispoglou	F	F40	23	Unattached	
46	50.01	297	Tony	Tompkins	M	M40	34	stafford Harriers	46
227	50.05	298	Donald	Platt	M	M55	19	Unattached	
159	50.10	299	Steve	Heath	M	M40	35	Unattached	
141	50.15	300	Terence	Parker	M	M65	13	Birchfield harriers	
442	50.20	301	Silifa	Williams	F	F55	6	Peel road runners	
486	50.28	302	Allison	Kelly	F	F50	10	stafford Harriers	
421	50.30	303	Sue	Down	F	F55	7	Stafford harriers	
199	50.47	304	James	Hoe	M	Sen	66	Unattached	
467	51.35	305	Joanne	Oliver	F	F40	24	stafford Harriers	
356	51.39	306	Mana	Banner	F	F45	16	Stafford harriers	
492	52.09	307	Stephanie	Bell	F	F40	25	Unattached	
19	52.09	308	Thomas	Grey	M	M40	36	Unattached	
433	52.16	309	Jean	Hattersley	F	F55	8	Unattached	
387	52.32	310	Holly	Buckles	F	Sen	19	Stafford harriers	
450	52.52	311	Sandra	Stanford	F	F55	9	Unattached	
451	52.52	312	Lynn	Hill	F	F50	11	Unattached	
422	54.40	313	Emma	Warrington	F	F35	14	Unattached	
169	54.45	314	Frank	Grant	M	M65	14	stafford Harriers	282
405	54.57	315	Ruth	Baker	F	F50	12	Peel road runners	
113	54.59	316	Samuel	Marsdon	M	U21	15	Unattached	
434	54.59	317	Rachel	Marsden	F	F35	15	Unattached	
150	55.11	318	Andrew	Carter	M	M60	14	stafford Harriers	
481	55.13	319	Jacquie	Macphail	F	F45	17	Trentham running club	
483	55.20	320	Judith	Colman	F	F55	19	stafford Harriers	96
360	55.55	321	Linda	Woodall	F	F50	13	Michelin AC	
452	56.38	322	Jaki	Murray	F	F40	26	Unattached	
444	56.39	323	Stephanie	Morrison	F	F45	18	Unattached	
375	56.43	324	Sandra	Elcock	F	F55	11	Stafford harriers	
370	57.08	325	Becky	Humphries	F	Sen	20	Stafford harriers	
371	57.08	326	Di	Humphries	F	F45	19	Stafford harriers	
471	57.28	327	Louise	Notley	F	Sen	21	stafford Harriers	
466	59.09	328	Hazel	Barlow	F	F50	14	Michlin	397
229	59.28	329	Kevin	Duncan	M	M45	34	Unattached	
136	59.39	330	Alfred	Slater	M	M65	15	Norton Canes RR	480
135	59.41	331	Kenneth	Gough	M	M45	35	Norton Canes RR	128
468	60.15	332	Valarie	Stuart	F	F60	4	stafford Harriers	

369	61.13	333	Ellen	Law	F	F40	27	Stafford harriers
373	65.25	334	Michelle	Buckley	F	F35	16	Stafford harriers
374	65.25	335	Claire	Taylor	F	F35	17	Stafford harriers
372	65.29	336	Pearl	Anderson	F	F50	15	Stafford harriers
423	67.11	337	Kathy	Ling	F	F60	5	Wrekin RR