

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

| U11 Girls | Pos. | | U11G Time | |
|-----------|------|------------------------|------------------------|-------|
| | 1 | Eabha Lee | Vale Royal AC | 6.40 |
| | 2 | Cerys Rowlands | West Cheshire AC | 6.42 |
| | 3 | Ruby Philips | West Cheshire AC | 6.44 |
| | 4 | Elise Fawkes | Vale Royal AC | 6.45 |
| | 5 | Erin Carney | Vale Royal AC | 6.50 |
| | 6 | Isla Williams | Cannock & Stafford AC | 6.56 |
| | 7 | Ruby Lovatt | Newcastle (Staffs) AC | 6.57 |
| | 8 | Francesca Losa | Macclesfield Harriers | 7.02 |
| | 9 | Ellie Dixon | Macclesfield Harriers | 7.05 |
| | 10 | Samantha Pattyson | Newcastle (Staffs) AC | 7.07 |
| | 11 | Charlotte Lunt | Boalloy RC | 7.10 |
| | 12 | Alarna Holdcroft | City of Stoke AC | 7.11 |
| | 13 | Chloe Mason | Crewe and Nantwich AC | 7.12 |
| | 14 | Emily Walker | Trentham RC | 7.13 |
| | 15 | Lara Smith | City of Stoke AC | 7.14 |
| | 16 | Macy Brett | West Cheshire AC | 7.15 |
| | 17 | Maya Dobrin | City of Stoke AC | 7.16 |
| | 18 | Milly Plumley | Newcastle (Staffs) Tri | 7.17 |
| | 19 | Alex Sutton | Newcastle (Staffs) AC | 7.18 |
| | 20 | Zoe Broughton | Vale Royal AC | 7.19 |
| | 21 | Olive Cooke | Macclesfield Harriers | 7.21 |
| | 22 | Emma O'Neill | Trentham RC | 7.26 |
| | 23 | Rachel Cudahy | Buxton AC | 7.27 |
| | 24 | Imogen Ratcliffe | City of Stoke AC | 7.30 |
| | 25 | Ruby Carrington | Vale Royal AC | 7.31 |
| | 26 | Eliza Mae Duffy | Macclesfield Harriers | 7.32 |
| | 27 | Megan Sullivan | Trentham RC | 7.33 |
| | 28 | Lily-Beth Layland | Macclesfield Harriers | 7.34 |
| | 29 | Ella Beeson | Cannock & Stafford AC | 7.34 |
| | 30 | Lola Whitlock | Macclesfield Harriers | 7.40 |
| | 31 | Ingrid Tait | West Cheshire AC | 7.41 |
| | 32 | Meshii Muijamah | City of Stoke AC | 7.42 |
| | 33 | Edith Munro | Macclesfield Harriers | 7.43 |
| | 34 | Isabelle Prior | Vale Royal AC | 7.45 |
| | 35 | Evangeline Giannitto | Newcastle (Staffs) AC | 7.48 |
| | 36 | Polly Thomason | Vale Royal AC | 7.51 |
| | 37 | Holly Hunter | City of Stoke AC | 7.57 |
| | 38 | Ellie Moulton-Williams | Mow Cop Runners | 8.01 |
| | 39 | Grace Murray | Vale Royal AC | 8.05 |
| | 40 | Caitlin McKendrick | Vale Royal AC | 8.05 |
| | 41 | Sofia Preece | Crewe and Nantwich AC | 8.06 |
| | 42 | Ella Baddeley | Trentham RC | 8.10 |
| | 43 | Maisie Alcock | Newcastle (Staffs) AC | 8.11 |
| | 44 | Lauren Weedall | Vale Royal AC | 8.15 |
| | 45 | Rebecca Cudahy | Buxton AC | 8.26 |
| | 46 | Georgina Hammond | City of Stoke AC | 8.31 |
| | 47 | Zara Gibbs | Vale Royal AC | 8.38 |
| | 48 | Isabelle Pope | Vale Royal AC | 8.42 |
| | 49 | Bella Varley | Crewe and Nantwich AC | 8.43 |
| | 50 | Elisha Carter | Crewe and Nantwich AC | 8.44 |
| | 51 | Fleur Parsons | Vale Royal AC | 8.50 |
| | 52 | Edie White | Stafford Harriers | 8.52 |
| | 53 | Holly Edge | Vale Royal AC | 8.54 |
| | 54 | Ava Flavell | Trentham RC | 9.00 |
| | 55 | Helena Rawlings | Trentham RC | 9.00 |
| | 56 | Lily Rowley | Newcastle (Staffs) Tri | 10.45 |

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| | | |
|---|-----------------------|-----|
| 1 | Vale Royal AC | 10 |
| 2 | West Cheshire AC | 21 |
| 3 | Newcastle (Staffs) AC | 36 |
| 4 | Macclesfield Harriers | 38 |
| 5 | City of Stoke AC | 44 |
| 6 | Trentham RC | 63 |
| 7 | Crewe and Nantwich AC | 103 |

| U13 Girls | Pos | | U13G Time | |
|-----------|-----|----------------------|------------------------|-------|
| | 1 | Carys Roberts | West Cheshire AC | 7.57 |
| | 2 | Florence Cooke | Macclesfield Harriers | 8.04 |
| | 3 | Aria Abberley-Barker | City of Stoke AC | 8.11 |
| | 4 | Niamh Bould | City of Stoke AC | 8.16 |
| | 5 | Lucy Donnelly | City of Stoke AC | 8.21 |
| | 6 | Rebecca Dilworth | Macclesfield Harriers | 8.31 |
| | 7 | Patience Lamb | Newcastle (Staffs) Tri | 8.34 |
| | 8 | Sienna Phillips | Buxton AC | 8.38 |
| | 9 | Pheobe Dawson | City of Stoke AC | 8.39 |
| | 10 | Lauren Guderis | City of Stoke AC | 8.42 |
| | 11 | Sophie Harding | Crewe and Nantwich AC | 8.52 |
| | 12 | Hannah Holding | Crewe and Nantwich AC | 9.00 |
| | 13 | Jessica Lark | West Cheshire AC | 9.01 |
| | 14 | Charlotte Moran | Macclesfield Harriers | 9.02 |
| | 15 | Eloise Babbington | Vale Royal AC | 9.02 |
| | 16 | Ciara Yates | City of Stoke AC | 9.06 |
| | 17 | Beatrice Wakefield | Newcastle (Staffs) AC | 9.08 |
| | 18 | Martha Willetts | West Cheshire AC | 9.18 |
| | 19 | Aimee Philips | West Cheshire AC | 9.20 |
| | 20 | Amelia Wilson | Macclesfield Harriers | 9.20 |
| | 21 | Lana Booth | Vale Royal AC | 9.20 |
| | 22 | Mia Brooks | Newcastle (Staffs) Tri | 9.22 |
| | 23 | Darcie Hudson | Vale Royal AC | 9.22 |
| | 24 | Lucy Brownsword | Newcastle (Staffs) AC | 9.24 |
| | 25 | Georgina Duffey | West Cheshire AC | 9.25 |
| | 26 | Megan White | West Cheshire AC | 9.31 |
| | 27 | Ciara Barker | City of Stoke AC | 9.35 |
| | 28 | Ruby Stockdale | Macclesfield Harriers | 9.37 |
| | 29 | Florence Brazier | Crewe and Nantwich AC | 9.40 |
| | 30 | Georgia Sullivan | Trentham RC | 9.45 |
| | 31 | Matilde Wakefield | Newcastle (Staffs) AC | 9.52 |
| | 32 | Lucy Dykins | Macclesfield Harriers | 10.02 |
| | 33 | Anna Smith | Vale Royal AC | 10.02 |
| | 34 | Megan Brown | Crewe and Nantwich AC | 10.08 |
| | 35 | Isla Fraser | Stafford Harriers | 10.13 |
| | 36 | Grace Longden | Buxton AC | 10.21 |
| | 37 | Lavinia Burke | Vale Royal AC | 10.30 |
| | 38 | Otellee Sutch | Boalloy RC | 10.38 |
| | 39 | Beth Nevitt | Trentham RC | 10.39 |
| | 40 | Freya Corcoran | Trentham RC | 10.40 |
| | 41 | Isabelle Maundrill | Vale Royal AC | 10.45 |
| | 42 | Holly Clayton | Crewe and Nantwich AC | 10.46 |
| | 43 | Caitlin Taylor | Newcastle (Staffs) AC | 10.47 |
| | 44 | Holly Cooper | Newcastle (Staffs) AC | 10.49 |
| | 45 | Ella Jones | Trentham RC | 10.49 |
| | 46 | Dot Bodimeade | Macclesfield Harriers | 10.49 |
| | 47 | Rose White | Stafford Harriers | 10.52 |

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| | | |
|----------------------|-----------------------|-------|
| 48 Molly Strode | Crewe and Nantwich AC | 11.15 |
| 49 Elizabeth Wassall | Boalloy RC | 11.30 |
| 50 Ella Vaughan | Trentham RC | 11.37 |

| | |
|-------------------------|-----|
| 1 City of Stoke AC | 12 |
| 2 Macclesfield Harriers | 22 |
| 3 West Cheshire AC | 32 |
| 4 Crewe and Nantwich AC | 52 |
| 5 Vale Royal AC | 59 |
| 6 Newcastle (Staffs) AC | 72 |
| 7 Trentham RC | 109 |

| U15 Girls | Pos. | | U15G Time | |
|-----------|------|--------------------|-----------------------|-------|
| | 1 | Lucia Pyne | West Cheshire AC | 14.08 |
| | 2 | Katie Williams | City of Stoke AC | 14.15 |
| | 3 | Libby Andrzejewski | City of Stoke AC | 14.30 |
| | 4 | Olivia Ball | Cannock & Stafford AC | 14.55 |
| | 5 | Amy Whelan | Buxton AC | 15.00 |
| | 6 | Ellie Hudson | Vale Royal AC | 15.10 |
| | 7 | Abigail Jones | City of Stoke AC | 15.13 |
| | 8 | Libby Greeney | Macclesfield Harriers | 15.18 |
| | 9 | Grace Wilne | Crewe and Nantwich AC | 15.27 |
| | 10 | Katie Appleby | Telford AC | 15.27 |
| | 11 | Thea Smith | Vale Royal AC | 15.28 |
| | 12 | Poppy Ranford | Newcastle (Staffs) AC | 15.30 |
| | 13 | Milly Holding | City of Stoke AC | 15.47 |
| | 14 | Maddison Evans | City of Stoke AC | 15.57 |
| | 15 | Emily Bevan | Vale Royal AC | 16.07 |
| | 16 | Tilly Gibbs | Vale Royal AC | 16.12 |
| | 17 | Emily Pearce | Cannock & Stafford AC | 16.17 |
| | 18 | Ellie Stockdale | Macclesfield Harriers | 16.18 |
| | 19 | Freya Boyle | City of Stoke AC | 16.29 |
| | 20 | Lilly Stevens | Newcastle (Staffs) AC | 16.34 |
| | 21 | Megan Holding | Crewe and Nantwich AC | 16.39 |
| | 22 | Abigail Cartwright | West Cheshire AC | 16.58 |
| | 23 | Sophie Tatton | Telford AC | 17.08 |
| | 24 | Abbie Fryer-Winder | Buxton AC | 17.38 |
| | 25 | Bekah Yendole | Trentham RC | 17.45 |
| | 26 | Dawn Riley | Cannock & Stafford AC | 17.59 |
| | 27 | Tasmin Burley | Trentham RC | 18.25 |
| | 28 | Ellie Bloomer | Trentham RC | 18.38 |
| | 29 | Faye Gaunt | Boalloy RC | 19.01 |
| | 30 | Macy Preece | Crewe and Nantwich AC | 19.03 |
| | 31 | Holly Caine | Crewe and Nantwich AC | 19.06 |

| | |
|-------------------------|----|
| 1 City of Stoke AC | 12 |
| 2 Vale Royal AC | 32 |
| 3 Cannock & Stafford AC | 47 |
| 4 Crewe and Nantwich AC | 60 |
| 5 Trentham RC | 80 |

| U17 Wome | Pos. | | U17W Time | |
|----------|------|------------------|-----------------------|-------|
| | 1 | Eden O'Dea | Wrexham AAC | 15.58 |
| | 2 | Eleanor Wilson | Buxton AC | 16.18 |
| | 3 | Nadine Tomkinson | Newcastle (Staffs) AC | 16.46 |

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| | | |
|----------------------|-----------------------|-------|
| 4 Maisie Tinwell | City of Stoke AC | 16.59 |
| 5 Elizabeth Clarkson | Newcastle (Staffs) AC | 17.07 |
| 6 Chloe Leather | Crewe and Nantwich AC | 17.11 |
| 7 Misha Twardochleb | Newcastle (Staffs) AC | 17.22 |
| 8 Scarlett Cotton | Newcastle (Staffs) AC | 17.36 |
| 9 Holly Dykes | City of Stoke AC | 18.10 |
| 10 Amy Condlyffe | City of Stoke AC | 18.39 |
| 11 Heather Wilshaw | Buxton AC | 19.40 |
| 12 April Tatton | Telford AC | 20.03 |
| 13 Emily Butler | City of Stoke AC | 20.07 |
| 14 Lily Moorhouse | West Cheshire AC | 20.44 |
| 15 Taygen Pike | Stafford Harriers | 24.50 |

| | |
|-------------------------|----|
| 1 Newcastle (Staffs) AC | 15 |
| 2 City of Stoke AC | 23 |

U11 Boys Pos.

U11B Time

| | | |
|---------------------|-----------------------|------|
| 1 Max Dawson | City of Stoke AC | 8.08 |
| 2 Tom Bradshaw | City of Stoke AC | 8.26 |
| 3 Michael Foster | Newcastle (Staffs) AC | 8.37 |
| 4 Arthur Elliot | Crewe and Nantwich AC | 8.42 |
| 5 Freddie Preece | Telford AC | 8.43 |
| 6 Sam Pickering | Crewe and Nantwich AC | 8.45 |
| 7 Oliver Woodward | Newcastle (Staffs) AC | 8.47 |
| 8 Jay Marchant | Newcastle (Staffs) AC | 8.50 |
| 9 William Tomkinson | Newcastle (Staffs) AC | 8.52 |
| 10 Frankie Simpson | Crewe and Nantwich AC | 8.54 |
| 11 Tully Lyth | Telford AC | 8.59 |
| 12 Jake Lee | Vale Royal AC | 9.01 |
| 13 Jonty Brown | Buxton AC | 9.03 |
| 14 Ben Lowe | Vale Royal AC | 9.06 |
| 15 Zach McKenna | Shrewsbury AC | 9.08 |
| 16 Thomas Messenger | Vale Royal AC | 9.12 |
| 17 Harrison Twigge | Crewe and Nantwich AC | 9.16 |
| 18 Alfie Murray | Vale Royal AC | 9.17 |
| 19 James Pope | Vale Royal AC | 9.19 |
| 20 Adam Mayell | Boalloy RC | 9.20 |
| 21 Christian Jones | Newcastle (Staffs) AC | 9.24 |
| 22 Isaac McDonald | Trentham RC | 9.26 |
| 23 Lucas Miah | City of Stoke AC | 9.27 |
| 24 Reuben Wilson | Stafford Harriers | 9.31 |
| 25 Michael Wood | Macclesfield Harriers | 9.40 |
| 26 Stanley Slater | Macclesfield Harriers | 9.43 |
| 27 Isaac Pickering | Crewe and Nantwich AC | 9.45 |
| 28 Max Anderson | Vale Royal AC | 9.46 |
| 29 Callam Ikin | Crewe and Nantwich AC | 9.47 |

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| | | | |
|----|----------------------|------------------------|-------|
| 30 | Jacob Jones | West Cheshire AC | 9.50 |
| 31 | Liam Jones | Buxton AC | 9.51 |
| 32 | Matthew Walker | Macclesfield Harriers | 9.57 |
| 33 | Alfie Pigg | Telford AC | 10.00 |
| 34 | Evan Williams | Vale Royal AC | 10.01 |
| 35 | Noah Simpson | Vale Royal AC | 10.05 |
| 36 | Henry Capelin | Vale Royal AC | 10.06 |
| 37 | Oliver Shaw | Vale Royal AC | 10.07 |
| 38 | Oliver Wells | West Cheshire AC | 10.24 |
| 39 | Eric Hughes | Trentham RC | 10.24 |
| 40 | Matthew Rolfe | Buxton AC | 10.27 |
| 41 | Jaycob Leather-Smith | Vale Royal AC | 10.28 |
| 42 | Ben Babbington | Vale Royal AC | 10.31 |
| 43 | George Brownsword | Newcastle (Staffs) AC | 10.37 |
| 44 | Hector Ogden | Trentham RC | 10.41 |
| 45 | Oliver Mallon | West Cheshire AC | 10.41 |
| 46 | Edward Smith | Vale Royal AC | 10.44 |
| 47 | Isaac Whalley | Vale Royal AC | 10.49 |
| 48 | Archie Davenport | City of Stoke AC | 10.57 |
| 49 | Jakub Panacek | Newcastle (Staffs) Tri | 10.59 |
| 50 | Harry Davenport | City of Stoke AC | 11.02 |
| 51 | Ruben Woods | Vale Royal AC | 11.10 |
| 52 | Aiden Yates | City of Stoke AC | 11.13 |
| 53 | Thomas Dilworth | Macclesfield Harriers | 11.29 |
| 54 | Myles Davison | Newcastle (Staffs) AC | 11.41 |
| 55 | Tyler Buckley | Vale Royal AC | 11.53 |

| | | |
|---|-----------------------|-----|
| 1 | Newcastle (Staffs) AC | 18 |
| 2 | Crewe and Nantwich AC | 20 |
| 3 | City of Stoke AC | 26 |
| 4 | Vale Royal AC | 42 |
| 5 | Telford AC | 49 |
| 6 | Macclesfield Harriers | 83 |
| 7 | Buxton AC | 84 |
| 8 | Trentham RC | 105 |
| 9 | West Cheshire AC | 113 |

| U13 Boys | Pos. | | U13B Time | |
|----------|------|---------------------|-----------------------|-------|
| | 1 | Philip Goodfellow | Macclesfield Harriers | 13.05 |
| | 2 | Nathaniel Rowe | City of Stoke AC | 13.16 |
| | 3 | Bertie Ingram | City of Stoke AC | 13.27 |
| | 4 | Harry Parker-McLain | Crewe and Nantwich AC | 13.31 |
| | 5 | Aadi Whitlock | Macclesfield Harriers | 13.33 |
| | 6 | Ben Hayes | Telford AC | 13.36 |
| | 7 | Charlie Preece | Telford AC | 13.45 |
| | 8 | Daniel Hilditch | City of Stoke AC | 13.59 |
| | 9 | Robbie Price | Vale Royal AC | 14.00 |
| | 10 | Zach Stanfield | City of Stoke AC | 14.10 |
| | 11 | Josh Williamson | Vale Royal AC | 14.15 |
| | 12 | James Hayes | Telford AC | 14.17 |
| | 13 | James Betteley | Newcastle (Staffs) AC | 14.19 |
| | 14 | Ben Fisher | Vale Royal AC | 14.23 |

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| | | | |
|----|---------------------|------------------------|-------|
| 15 | Nathan Walker | Newcastle (Staffs) Tri | 14.34 |
| 16 | Daniel Jones | Newcastle (Staffs) AC | 14.37 |
| 17 | Oliver Washington | Vale Royal AC | 14.39 |
| 18 | Kaspar Mikulski | Crewe and Nantwich AC | 14.43 |
| 19 | Lewis Smith | City of Stoke AC | 14.48 |
| 20 | James Dixon | Vale Royal AC | 14.57 |
| 21 | Charlie Ranford | Newcastle (Staffs) AC | 15.02 |
| 22 | Joseph Stevens | Newcastle (Staffs) AC | 15.03 |
| 23 | Isaac Graham | Newcastle (Staffs) Tri | 15.06 |
| 24 | Harry Reens | Macclesfield Harriers | 15.09 |
| 25 | Aiden Cassell | City of Stoke AC | 15.12 |
| 26 | Bradley Snape | Macclesfield Harriers | 15.14 |
| 27 | Dan Willets | West Cheshire AC | 15.15 |
| 28 | Finlay Pettie | Macclesfield Harriers | 15.17 |
| 29 | Louis Tegg | West Cheshire AC | 15.25 |
| 30 | Archie Varley | Crewe and Nantwich AC | 15.35 |
| 31 | Alfie Carter | Crewe and Nantwich AC | 15.44 |
| 32 | Toby Harrison | Boalloy RC | 15.45 |
| 33 | Lucas Wilson | Stafford Harriers | 15.54 |
| 34 | Isaac Leydon | Crewe and Nantwich AC | 15.56 |
| 35 | Finn Richardson | City of Stoke AC | 16.01 |
| 36 | Callum Wain | Macclesfield Harriers | 16.02 |
| 37 | Connell Latham | Newcastle (Staffs) AC | 16.04 |
| 38 | Dylan Marchant | Newcastle (Staffs) AC | 16.06 |
| 39 | Will Davies | Vale Royal AC | 16.09 |
| 40 | Charlie Wadsworth | Macclesfield Harriers | 16.13 |
| 41 | Lucas Darlington | Boalloy RC | 16.14 |
| 42 | Matthew Black | Stafford Harriers | 16.15 |
| 43 | Ewan Doran | Telford AC | 16.19 |
| 44 | Sam Tatton | Telford AC | 16.25 |
| 45 | Cameron O'Neill | Trentham RC | 16.34 |
| 46 | Aaron Leather-Smith | Vale Royal AC | 16.35 |
| 47 | George Scott | Vale Royal AC | 16.47 |
| 48 | Tom Taylor | Vale Royal AC | 16.52 |
| 49 | Isaac Dharewal | Crewe and Nantwich AC | 17.01 |
| 50 | George Pigg | Telford AC | 17.12 |
| 51 | Harrison Everard | Newcastle (Staffs) AC | 17.28 |
| 52 | Matthew Hughes | Trentham RC | 17.29 |
| 53 | Finn Ikin | Crewe and Nantwich AC | 17.32 |
| 54 | Ben Green | Stafford Harriers | 17.35 |
| 55 | Isaac Stockdale | Macclesfield Harriers | 17.46 |
| 56 | Ellis Hancock | West Cheshire AC | 17.51 |
| 57 | Jack Blewitt | Vale Royal AC | 18.09 |
| 58 | Thomas Farrall | Boalloy RC | 18.14 |
| 59 | Jack Heath | Stafford Harriers | 18.56 |
| 60 | Elliot Sharman | Newcastle (Staffs) AC | 19.27 |

| | | |
|---|-----------------------|----|
| 1 | City of Stoke AC | 13 |
| 2 | Telford AC | 25 |
| 3 | Macclesfield Harriers | 30 |
| 4 | Vale Royal AC | 34 |
| 5 | Newcastle (Staffs) AC | 50 |

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| | |
|-------------------------|-----|
| 6 Crewe and Nantwich AC | 52 |
| 7 West Cheshire AC | 112 |
| 8 Stafford Harriers | 129 |
| 9 Boalloy RC | 131 |

| U15 Boys | Pos. | | U15B Time | |
|----------|------|---------------------|------------------------|-------|
| | 1 | Liam Prestwich | Crewe and Nantwich AC | 14.27 |
| | 2 | Jamie Richardson | West Cheshire AC | 14.28 |
| | 3 | Isaac Tait | West Cheshire AC | 14.32 |
| | 4 | Louis Wakefield | Newcastle (Staffs) AC | 14.54 |
| | 5 | Will Wright | West Cheshire AC | 14.58 |
| | 6 | Harry Bond | Buxton AC | 15.06 |
| | 7 | Sebastian Rowe | City of Stoke AC | 15.13 |
| | 8 | James Doorbar | Macclesfield Harriers | 15.18 |
| | 9 | Eammon Clowes | Newcastle (Staffs) Tri | 15.24 |
| | 10 | Thomas Brownsill | Cannock & Stafford AC | 15.33 |
| | 11 | Fraser Campbell | West Cheshire AC | 15.41 |
| | 12 | Elliot Davies-Hayes | Crewe and Nantwich AC | 15.47 |
| | 13 | Sammy Hollis | West Cheshire AC | 15.51 |
| | 14 | Harry Beasley | Trentham RC | 15.54 |
| | 15 | Joseph Bunn | City of Stoke AC | 16.07 |
| | 16 | Jack Harrison | Crewe and Nantwich AC | 16.09 |
| | 17 | Joseph Hancock | West Cheshire AC | 16.16 |
| | 18 | Will Nettle | Macclesfield Harriers | 16.52 |
| | 19 | Sam Lander | Boalloy RC | 16.57 |
| | 20 | Henry Robinson | West Cheshire AC | 17.09 |
| | 21 | Oliver Booth | City of Stoke AC | 17.14 |
| | 22 | Tyler Davison | Newcastle (Staffs) AC | 17.17 |
| | 23 | Ted Bolton | Wrexham AAC | 17.27 |
| | 24 | Ashton Preece | Telford AC | 17.57 |
| | 25 | Arthur Hughes | Trentham RC | 19.15 |
| | 26 | Ellis Nevis | Trentham RC | 19.26 |
| | 27 | Harvey Baldwin | Trentham RC | 19.59 |
| | 28 | Oliver Hagemeyer | Trentham RC | 21.26 |
| | 29 | James Maddock | Trentham RC | 24.25 |
| | 30 | Joe Cordall | Trentham RC | 24.45 |

| | |
|-------------------------|----|
| 1 West Cheshire AC | 10 |
| 2 Crewe and Nantwich AC | 29 |
| 3 City of Stoke AC | 43 |
| 4 Trentham RC | 65 |

| U17 Men | Pos. | | U17M Time | |
|---------|------|------------------|-----------------------|-------|
| | 1 | Raif Serif | Crewe and Nantwich AC | 18.14 |
| | 2 | Finley Proffitt | Macclesfield Harriers | 18.21 |
| | 3 | Samuel Soles | Buxton AC | 18.23 |
| | 4 | Sion Roberts | West Cheshire AC | 18.29 |
| | 5 | Lewis Nagington | Newcastle (Staffs) AC | 18.42 |
| | 6 | Alexander Mayne | City of Stoke AC | 18.47 |
| | 7 | Jack Tetley | Boalloy RC | 19.25 |
| | 8 | Lucas Parker | Macclesfield Harriers | 19.29 |
| | 9 | Edward Diamond | Buxton AC | 19.34 |
| | 10 | Bryn Woodall | Colwyn Bay AC | 19.39 |
| | 11 | Peter Goodfellow | Macclesfield Harriers | 20.04 |
| | 12 | Stuart Diamond | Buxton AC | 20.10 |

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| | | | |
|----|-------------------|----------------------------|-------|
| 13 | Harvey Tegg | West Cheshire AC | 20.16 |
| 14 | George Hodgkinson | Stafford Harriers | 20.30 |
| 15 | Matthew Douglass | West Cheshire AC | 20.35 |
| 16 | Luke Moses | Telford AC | 20.39 |
| 17 | Benjamin Cook | Stafford Harriers | 20.40 |
| 18 | Jack Farrall | Macclesfield Harriers | 20.57 |
| 19 | Ross Corbett | Telford AC | 21.07 |
| 20 | Paul Morrison | West Cheshire AC | 21.11 |
| 21 | Elliot Smith | Newcastle (Staffs) AC | 21.18 |
| 22 | Benjamin Naudi | Telford AC | 21.23 |
| 23 | Aaron Doyle | Vale Royal AC | 21.26 |
| 24 | Jack Inglis | Lawley RC | 21.42 |
| 25 | Robert Gorman | Stafford Harriers | 21.42 |
| 26 | Sam Washington | Vale Royal AC | 22.16 |
| 27 | Jake Oliver | Stafford Harriers | 22.31 |
| 28 | Corey Matravers | Crewe and Nantwich AC | 22.41 |
| 29 | Kian Arnott | Stafford Harriers | 22.48 |
| 30 | Daniel Frewer | Staffordshire Moorlands AC | 23.23 |
| 31 | Thomas Mogg | Newcastle (Staffs) AC | 23.38 |

| | | |
|---|-----------------------|----|
| 1 | Macclesfield Harriers | 21 |
| 2 | Buxton AC | 24 |
| 3 | West Cheshire AC | 32 |
| 4 | Stafford Harriers | 56 |
| 5 | Newcastle (Staffs) AC | 57 |
| 5 | Telford AC | 57 |

Senior Wor Pos.

| | | Cat. | Time |
|----|----------------------|--------------------------|-----------|
| 1 | Elizabeth Renondeau | Vale Royal AC | W35 20.36 |
| 2 | Rebecca Twardochleb | Newcastle Staffs AC | JW 20.52 |
| 3 | Kerry Marchant | Newcastle Staffs AC | W40 21.02 |
| 4 | Leah Whiston | Newcastle Staffs AC | SW 21.10 |
| 5 | Louise Dawson | City of Stoke AC | W45 21.31 |
| 6 | Emma Crowe | Wrexham AAC | W45 21.35 |
| 7 | Lucy Matthews | Newcastle Staffs AC | JW 21.36 |
| 8 | Joanne Donnelly | City of Stoke AC | W40 21.47 |
| 9 | Sophie Goodfellow | Newcastle Staffs AC | JW 21.50 |
| 10 | Wendy Swift | Trentham RC | W45 21.55 |
| 11 | Jayne Dickens | Trentham RC | W45 22.11 |
| 12 | Deborah Thomas | Trentham RC | W35 22.15 |
| 13 | Amy Neill | Newcastle Staffs AC | SW 22.18 |
| 14 | Sarah Dufour-Jackson | Crewe and Nantwich AC | JW 22.19 |
| 15 | Mandy Vernon | Trentham RC | W45 22.20 |
| 16 | Victoria Hughes | Stone Master Marathoners | W40 22.21 |
| 17 | Grace Ranford | Newcastle Staffs AC | JW 22.22 |
| 18 | Sophie Smith | Vale Royal AC | JW 22.41 |
| 19 | Nina Skilton | Cannock & Stafford AC | W50 22.47 |
| 20 | Amy Clark | Buxton AC | SW 22.49 |
| 21 | Tracie Trueman | Lawley Running Club | W50 22.51 |
| 22 | Joanne Stanfield | Trentham RC | W45 23.15 |
| 23 | Nia Nokes | Stone Master Marathoners | SW 23.16 |
| 24 | Emma Weston | Congleton Harriers | W45 23.20 |
| 25 | Tracy Bloor | City of Stoke AC | W40 23.23 |
| 26 | Donna Hughes | Cheadle RC | W35 23.30 |
| 27 | Kerry Dixon | Trentham RC | SW 23.32 |
| 28 | Alison Sutch | Boalloy Running Club | W35 23.33 |

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|----|-----------------------|-----------------------------|-----|-------|
| 29 | Amy Gamble | Stone Master Marathoners | W40 | 23.34 |
| 30 | Joanne Moss | Congleton Harriers | W45 | 23.36 |
| 31 | Julia Matheson | Newcastle (Staffs) Tri Club | W55 | 23.37 |
| 32 | Carol Bird | Congleton Harriers | W55 | 23.38 |
| 33 | Naomi Cook | Shrewsbury AC | SW | 23.41 |
| 34 | Heather Carter | Sandbach Striders | W45 | 23.45 |
| 35 | Debbie Hope | Cheadle RC | W45 | 23.46 |
| 36 | Nicole Humphreys | Mow Cop Runners | SW | 23.49 |
| 37 | Helen Smith | Vale Royal AC | W45 | 23.53 |
| 38 | Charmaine Wood | Congleton Harriers | W35 | 23.54 |
| 39 | Susan Kneill-Boxley | Cannock & Stafford AC | W50 | 23.57 |
| 40 | Alexandra Oakley | Newcastle Staffs AC | JW | 23.58 |
| 41 | Kathleen O'Donnell | Macclesfield Harriers & AC | W40 | 24.05 |
| 42 | Egidija Pope | Stone Master Marathoners | W35 | 24.12 |
| 43 | Ceri Card | Lawley Running Club | W35 | 24.13 |
| 44 | Peigi McKellar | Keele University AC | SW | 24.14 |
| 45 | Amy Mellor | Buxton AC | SW | 24.15 |
| 46 | Ruth Watchorn Rice | Cheadle RC | W50 | 24.22 |
| 47 | Julie Hulbert | Cheadle RC | W40 | 24.24 |
| 48 | Rebecca Loton | Sandbach Striders | SW | 24.28 |
| 49 | Abigail Backshall | Colwyn Bay AC | SW | 24.29 |
| 50 | Fiona Bradley | Stone Master Marathoners | W40 | 24.31 |
| 51 | Mel Johnson | Vale Royal AC | W35 | 24.33 |
| 52 | Deborah O'Neill | Trentham RC | W45 | 24.34 |
| 53 | Tania Wilson | Buxton AC | W50 | 24.36 |
| 54 | Anne-Marie Jones | Macclesfield Harriers & AC | W65 | 24.37 |
| 55 | Eleanor Robinson | West Cheshire Athletic Club | W45 | 24.41 |
| 56 | Angela Mensing | Stone Master Marathoners | W45 | 24.43 |
| 57 | Catherine Bridgewater | Newcastle Staffs AC | SW | 24.53 |
| 58 | Maxine Bickerton | Newcastle Staffs AC | SW | 24.54 |
| 59 | Clare Shubotham | Michelin AC | SW | 24.59 |
| 60 | Elizabeth McMahon | West Cheshire Athletic Club | JW | 25.00 |
| 61 | Kerry Widdowson | Trentham RC | W45 | 25.08 |
| 62 | Olivia Cunningham | Newcastle Staffs AC | SW | 25.10 |
| 63 | Rachel Wakefield | Newcastle Staffs AC | W45 | 25.16 |
| 64 | Lucy Knight | Vale Royal AC | SW | 25.18 |
| 65 | Shannon Moores | Boalloy Running Club | SW | 25.20 |
| 66 | Nicola Lunt | Boalloy Running Club | W40 | 25.22 |
| 67 | Sharleen Hollinshead | Cheadle RC | W45 | 25.23 |
| 68 | Anne Mynott | Colwyn Bay AC | W55 | 25.24 |
| 69 | Katie Rolfe | Buxton AC | W40 | 25.27 |
| 70 | Danielle Walton | Lawley Running Club | SW | 25.33 |
| 71 | Alison Preece | Telford AC | W45 | 25.34 |
| 72 | Katie Hughes | Newcastle (Staffs) Tri Club | JW | 25.38 |
| 73 | Liz Gale | Vale Royal AC | W45 | 25.39 |
| 74 | Claire Harrison | South Cheshire Harriers | W40 | 25.43 |
| 75 | Chrissy Bishop | Chase Harriers | W40 | 25.46 |
| 76 | Nicola Atkins | Telford Harriers | W40 | 25.54 |
| 77 | Melissa Salmon | Stoke F.I.T | W35 | 25.55 |
| 78 | Rachel Rathbone | Stone Master Marathoners | W40 | 26.00 |
| 79 | Eileen Pass | Newcastle (Staffs) Tri Club | W55 | 26.01 |
| 80 | Rachel Kesteven | Crewe and Nantwich AC | W45 | 26.02 |
| 81 | Kate Ledin | Buxton AC | W55 | 26.05 |
| 82 | Claire Mallon | West Cheshire Athletic Club | W40 | 26.06 |
| 83 | Christine Skellern | Stafford Harriers | W55 | 26.07 |
| 84 | Hanny Stockman | Macclesfield Harriers & AC | W50 | 26.08 |
| 85 | Hannah Rice-Hancock | Michelin AC | SW | 26.09 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

| | | | | |
|-----|---------------------|-----------------------------|-----|-------|
| 86 | Jeanette Pope | Vale Royal AC | W40 | 26.15 |
| 87 | Sabrina Thomas | Lawley Running Club | SW | 26.21 |
| 88 | Jill Phillips | Trentham RC | W55 | 26.21 |
| 89 | Jan Cassidy | Newcastle Staffs AC | W50 | 26.27 |
| 90 | Bethany Eardley | Mow Cop Runners | SW | 26.36 |
| 91 | Victoria Doran | Telford Harriers | W35 | 26.38 |
| 92 | Kelly Little | Newcastle Staffs AC | W40 | 26.44 |
| 93 | Adele Thornton | Buxton AC | W35 | 26.55 |
| 94 | Angela Tegg | West Cheshire Athletic Club | W45 | 26.57 |
| 95 | Eleanor Riches | Vale Royal AC | W45 | 27.02 |
| 96 | Gina Willis | Chase Harriers | W60 | 27.04 |
| 97 | Debbie Moreton | Vale Royal AC | W45 | 27.05 |
| 98 | Sheila Bradley | Buxton AC | W60 | 27.10 |
| 99 | Julie Annable | Vale Royal AC | W55 | 27.14 |
| 100 | Christine Shubotham | Michelin AC | W55 | 27.18 |
| 101 | Emma Richards | Wrexham AAC | SW | 27.30 |
| 102 | Sarah Clough | Newcastle (Staffs) Tri Club | W35 | 27.30 |
| 103 | Jennifer Farrall | Boalloy Running Club | W40 | 27.30 |
| 104 | Saranya Hasler | Macclesfield Harriers & AC | W35 | 27.33 |
| 105 | Suzanne Harrison | South Cheshire Harriers | W55 | 27.36 |
| 106 | Cristina O'Brien | Telford Harriers | W35 | 27.36 |
| 107 | Joanne Cudahy | Buxton AC | W40 | 27.37 |
| 108 | Beth Corden | Stoke F.I.T | SW | 27.41 |
| 109 | Lisa Yeomans | Telford Harriers | W50 | 27.42 |
| 110 | Sally Kenny | Cheadle RC | W45 | 27.45 |
| 111 | Fran Ross | Buxton AC | W35 | 27.46 |
| 112 | Claire Kivlin | South Cheshire Harriers | W40 | 27.47 |
| 113 | Jane Burchell | South Cheshire Harriers | W50 | 27.51 |
| 114 | Hazel Gibson | Cheadle RC | W55 | 27.55 |
| 115 | Emma Dutton | Stone Master Marathoners | W35 | 27.58 |
| 116 | Kate Dolan | Lawley Running Club | W35 | 28.02 |
| 117 | Nicola Ticehurst | South Cheshire Harriers | SW | 28.10 |
| 118 | Tonia Vernon | Newcastle Staffs AC | W45 | 28.26 |
| 119 | Vicky Ronald | Colwyn Bay AC | W50 | 28.30 |
| 120 | Rachel Trpeski | Newcastle Staffs AC | W40 | 28.37 |
| 121 | Elysia Gapper | Telford Harriers | W35 | 28.40 |
| 122 | Ellen McMahon | West Cheshire Athletic Club | SW | 28.43 |
| 123 | Harriet Davy | Crewe and Nantwich AC | SW | 28.43 |
| 124 | Laura Hughes | Trentham RC | W35 | 28.49 |
| 125 | Fiona Gunning | Boalloy Running Club | SW | 28.52 |
| 126 | Susan Twardochleb | Newcastle Staffs AC | W45 | 28.55 |
| 127 | Lisa Blagden | Telford AC | W50 | 29.00 |
| 128 | Emma MacArthur | Colwyn Bay AC | W40 | 29.15 |
| 129 | Jan Green | Chase Harriers | W60 | 29.17 |
| 130 | Louise Hallows | Buxton AC | W35 | 29.21 |
| 131 | Julia Bridgewater | Newcastle Staffs AC | W55 | 29.29 |
| 132 | Alison Whitelaw | Wrexham AAC | W60 | 29.31 |
| 133 | Helen Ranford | Newcastle Staffs AC | W45 | 29.36 |
| 134 | Jenny Gibbs | South Cheshire Harriers | W35 | 29.40 |
| 135 | Emma Clayton | Crewe and Nantwich AC | W35 | 29.41 |
| 136 | Denise Whalley | Stoke F.I.T | W50 | 29.45 |
| 137 | Wendy Bainbridge | Buxton AC | W50 | 29.48 |
| 138 | Alex Duffey | West Cheshire Athletic Club | W40 | 29.55 |
| 139 | Sharon Tomkinson | Newcastle Staffs AC | W50 | 29.57 |
| 140 | Vicki Stevens | Newcastle Staffs AC | W40 | 29.58 |
| 141 | Nicola Brownsword | Newcastle Staffs AC | W35 | 30.07 |
| 142 | Holly Smith | Rugeley Runners | SW | 30.16 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

| | | | |
|----------------------------|-----------------------------|-----|-------|
| 143 Tracy Gregory | Buxton AC | W50 | 30.22 |
| 144 Chloe Burrows | Stafford Harriers | JW | 30.24 |
| 145 Andrea Reynolds | Sandbach Striders | W45 | 30.25 |
| 146 Sarah Soles | Buxton AC | W50 | 30.27 |
| 147 Karen Dennett | Newcastle (Staffs) Tri Club | W50 | 30.38 |
| 148 Rachael Shankland | Stoke F.I.T | SW | 30.42 |
| 149 Kim Chatfield | Telford Harriers | W40 | 30.49 |
| 150 Nina Whalley | Stoke F.I.T | W35 | 30.52 |
| 151 Francesca Miller | Buxton AC | W45 | 31.07 |
| 152 Lynda Rowlands | Wrexham AAC | W50 | 31.09 |
| 153 Kerryann Maddock | Trentham RC | W40 | 31.15 |
| 154 Joanne Oliver | Stafford Harriers | W45 | 31.16 |
| 155 Laura Carpenter | Stone Master Marathoners | SW | 31.18 |
| 156 Heather Fryer-Winder | Buxton AC | W50 | 31.22 |
| 157 Jill Norman | Staffs Moorlands AC | W55 | 31.39 |
| 158 Hannah Moorhouse | West Cheshire Athletic Club | W45 | 31.45 |
| 159 Toni Collier | Chase Harriers | W35 | 31.51 |
| 160 Tracey Langston | Mow Cop Runners | W45 | 31.54 |
| 161 Debbie Salmon | Stoke F.I.T | W45 | 31.59 |
| 162 Nicola Wright | Lawley Running Club | W35 | 32.01 |
| 163 Emma Burley | Trentham RC | SW | 32.09 |
| 164 Kimberley Kent | Lawley Running Club | W40 | 32.12 |
| 165 Georgina Westwood | Telford Harriers | W45 | 32.15 |
| 166 Kathryn Taylor | Trentham RC | W40 | 32.17 |
| 167 Sarah Ellerton | Stoke F.I.T | SW | 32.20 |
| 168 Liz Tideswell | Potters Trotters | W45 | 32.21 |
| 169 Catie Raynor | Trentham RC | W45 | 32.40 |
| 170 Nicky Brierley | Lawley Running Club | W50 | 32.45 |
| 171 Debbie Richardson | Vale Royal AC | W50 | 32.49 |
| 172 Laura Weaver | Michelin AC | SW | 32.52 |
| 173 Charlie Narejko | Buxton AC | W35 | 32.56 |
| 174 Mel Gorman | Stafford Harriers | W45 | 33.06 |
| 175 Julie Nokes | Stafford Harriers | W55 | 33.15 |
| 176 Joanne Yendole | Stone Master Marathoners | W40 | 33.21 |
| 177 Michelle Harrop | Potters Trotters | W35 | 33.30 |
| 178 Deb Clarke | Newcastle (Staffs) Tri Club | W45 | 33.33 |
| 179 Mel Morris | Potters Trotters | W45 | 33.35 |
| 180 Lisa Bennett | Stoke F.I.T | W40 | 33.41 |
| 181 Ann Marie Tyrer | Lawley Running Club | W40 | 33.44 |
| 182 Amy Rudnicki | Stoke F.I.T | SW | 33.51 |
| 183 Dianne Lapworth | Mow Cop Runners | W65 | 34.03 |
| 184 Gill Preece | Crewe and Nantwich AC | W40 | 34.15 |
| 185 Lisa Jones | Lawley Running Club | W35 | 34.24 |
| 186 Janet Vardy | Stoke F.I.T | W55 | 34.26 |
| 187 Sonia Alford | Newcastle Staffs AC | SW | 34.30 |
| 188 Stephanie Nagington | Newcastle Staffs AC | W40 | 34.33 |
| 189 Sonia Edmonds | Telford Harriers | W45 | 34.43 |
| 190 Carole Williams | Vale Royal AC | W65 | 35.03 |
| 191 Rachel Dowle | Buxton AC | W45 | 35.07 |
| 192 Tracey Johnson Knowles | Newcastle Staffs AC | W50 | 35.09 |
| 193 Stacy Sharman | Newcastle Staffs AC | W35 | 35.15 |
| 194 Shirley Wood | Lawley Running Club | W45 | 35.26 |
| 195 Deborah Leask | Sneyd Striders | W50 | 36.08 |
| 196 Sarah Gray | Stafford Harriers | W60 | 36.58 |
| 197 Tracy Burrows | Stafford Harriers | W45 | 37.08 |
| 198 Trish Clifford | Lawley Running Club | W45 | 37.25 |
| 199 Karen Wright | Sandbach Striders | W35 | 37.28 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

| | | | |
|-----------------------|-----------------------|-----|-------|
| 200 Adele Mountford | Potters Trotters | SW | 37.32 |
| 201 Zoe Hankey | Trentham RC | W40 | 37.49 |
| 202 Laura Matthews | Newcastle Staffs AC | SW | 38.21 |
| 203 Rebecca Stokes | Newcastle Staffs AC | SW | 38.23 |
| 204 Sarah Bradshaw | Lawley Running Club | W40 | 38.26 |
| 205 Janet Phillips | Sneyd Striders | W40 | 38.37 |
| 206 Teena Benton | Stoke F.I.T | W35 | 39.03 |
| 207 Clare Hill | Sneyd Striders | W40 | 39.12 |
| 208 Maureen Singleton | Colwyn Bay AC | W75 | 40.08 |
| 209 Lee Lymer | Stoke F.I.T | W55 | 40.10 |
| 210 Rupa Ark | Potters Trotters | W50 | 40.23 |
| 211 Bridget McCourt | Michelin AC | W45 | 40.28 |
| 212 Rachel Bentley | Stoke F.I.T | W35 | 41.13 |
| 213 Kirsty Barnes | Stoke F.I.T | W35 | 41.13 |
| 214 Gemma Reeves | Stoke F.I.T | SW | 41.13 |
| 215 Grace Hough | Shrewsbury AC | W65 | 42.45 |
| 216 Heather Bates | Sneyd Striders | W35 | 43.53 |
| 217 Yvette Dukanovic | Sneyd Striders | SW | 46.00 |
| 218 Emma Ward | Telford Harriers | W35 | 47.12 |
| 219 Dorothy Fellows | Cannock & Stafford AC | W70 | 52.05 |
| 220 Jeanne Bryan | Cannock & Stafford AC | W75 | 52.05 |

| | | |
|-----------------|------------------------------|-----|
| Senior Women Di | 1 Newcastle (Staffs) AC | 16 |
| | 2 Trentham RC | 48 |
| | 3 Vale Royal AC | 107 |
| | 4 Stone MM | 110 |
| | 5 Cheadle RC | 154 |
| | 6 Macclesfield Harriers | 283 |
| | 7 Cannock & Stafford AC | 497 |
| | 8 Staffordshire Moorlands AC | DNS |

| | | |
|-----------------|----------------------------|-----|
| Senior Women Di | 1 Congleton Harriers | 124 |
| | 2 Buxton AC | 187 |
| | 3 Lawley RC | 221 |
| | 4 Boalloy RC | 262 |
| | 5 Newcastle (Staffs) Tri | 284 |
| | 6 West Cheshire AC | 291 |
| | 7 Crewe and Nantwich AC | 352 |
| | 8 Colwyn Bay AC | 364 |
| | 9 Telford Harriers | 382 |
| | 10 Wrexham AAC | 391 |
| | 11 South Cheshire Harriers | 404 |
| | 12 Michelin AC | 416 |
| | 13 Sandbach Striders | 426 |
| | 14 Chase Harriers | 459 |
| | 15 Mow Cop Runners | 469 |
| | 16 Stoke FIT | 469 |
| | 17 Stafford Harriers | 555 |
| | 18 Potters Trotters | 724 |
| | 19 Sneyd Striders | 823 |

| | | | |
|-----------------|---------------------|------|-------|
| Senior Mer Pos. | | Cat. | Time |
| 1 Alex Brecker | City of Stoke AC | SM | 25.36 |
| 2 Dave Sheldon | City of Stoke AC | SM | 27.04 |
| 3 James Fradley | Newcastle Staffs AC | JM | 27.08 |
| 4 Matt Hall | Shrewsbury AC | SM | 27.10 |

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| | | | | |
|----|--------------------|-----------------------------|-----|-------|
| 5 | Jamie Arnold | City of Stoke AC | M40 | 27.15 |
| 6 | Shajahan Janally | City of Stoke AC | SM | 27.23 |
| 7 | Carl Moulton | Boalloy Running Club | SM | 27.28 |
| 8 | Stuart Doyle | Vale Royal AC | M45 | 27.43 |
| 9 | Dean Richardson | City of Stoke AC | M45 | 27.51 |
| 10 | James Hickenbottom | Shrewsbury AC | SM | 28.00 |
| 11 | Dan Soltys | Stone Master Marathoners | SM | 28.13 |
| 12 | William Page | Keele University AC | JM | 28.17 |
| 13 | James Condlyffe | City of Stoke AC | JM | 28.22 |
| 14 | Matthew McCormack | Crewe and Nantwich AC | JM | 28.28 |
| 15 | Hassan Ben Tiba | Keele University AC | JM | 28.29 |
| 16 | Ben Ratcliffe | Keele University AC | SM | 28.32 |
| 17 | Darren Rowlands | Wrexham AC | M50 | 28.34 |
| 18 | Ryan Nokes | City of Stoke AC | SM | 28.36 |
| 19 | Carl Platt | City of Stoke AC | SM | 28.43 |
| 20 | Stephen Waters | Shrewsbury AC | SM | 28.47 |
| 21 | William Kesteven | Crewe and Nantwich AC | JM | 28.53 |
| 22 | Anthony Allan | Congleton Harriers | SM | 28.56 |
| 23 | Neil Tapp | Boalloy Running Club | SM | 29.02 |
| 24 | Robert Fox | Shrewsbury AC | SM | 29.07 |
| 25 | Jordan Nixon | Newcastle Staffs AC | JM | 29.15 |
| 26 | Jason Burgess | Buxton AC | M40 | 29.21 |
| 27 | Julian Goodwin | Boalloy Running Club | M45 | 29.27 |
| 28 | Matt Eardley | Newcastle (Staffs) Tri Club | SM | 29.33 |
| 29 | Jacob Droogmans | Newcastle Staffs AC | JM | 29.36 |
| 30 | Simon Ford | Newcastle Staffs AC | M40 | 29.37 |
| 31 | Carl Aveyard | Shrewsbury AC | SM | 29.38 |
| 32 | Tim Sharman | Newcastle Staffs AC | SM | 29.39 |
| 33 | Euan Nicholls | Keele University AC | SM | 29.40 |
| 34 | Chris Bagshaw | Telford AC | M40 | 29.41 |
| 35 | James Noakes | Macclesfield Harriers & AC | M50 | 29.47 |
| 36 | Dean Aston | Telford Harriers | SM | 29.50 |
| 37 | Dave Alexander | West Cheshire Athletic Club | M45 | 29.51 |
| 38 | Richard McKenna | Shrewsbury AC | M40 | 29.55 |
| 39 | Martin Hull | Trentham RC | M55 | 29.56 |
| 40 | Shaun Allen | Newcastle Staffs AC | SM | 29.58 |
| 41 | Gareth Williams | Vale Royal AC | M50 | 30.04 |
| 42 | Phillip Hilsdon | Stafford Harriers | M40 | 30.06 |
| 43 | Will Lewis | Keele University AC | SM | 30.08 |
| 44 | Matthew Statham | Staffs Moorlands AC | SM | 30.09 |
| 45 | Chris Jones | Vale Royal AC | SM | 30.10 |
| 46 | Hassan Mohammed | Shrewsbury AC | JM | 30.10 |
| 47 | Ian Bayliss | Newcastle Staffs AC | SM | 30.13 |
| 48 | Mark Walker | Macclesfield Harriers & AC | M40 | 30.15 |
| 49 | Thomas Hendricken | City of Stoke AC | SM | 30.23 |
| 50 | James Harvey | City of Stoke AC | JM | 30.26 |
| 51 | Jamie Pringles | Newcastle Staffs AC | M40 | 30.27 |
| 52 | Reynold Williams | Lawley Running Club | SM | 30.27 |
| 53 | James Adamson | Newcastle (Staffs) Tri Club | JM | 30.27 |
| 54 | Mark Hatton | Newcastle (Staffs) Tri Club | SM | 30.28 |
| 55 | Kevin Francis | Shrewsbury AC | M50 | 30.29 |
| 56 | Steve Fenney | Stone Master Marathoners | M45 | 30.35 |
| 57 | David Morris | South Cheshire Harriers | SM | 30.37 |
| 58 | Kevin Loundes | Chase Harriers | SM | 30.39 |
| 59 | Dan Hibberd | Boalloy Running Club | SM | 30.41 |
| 60 | James Nicholls | South Cheshire Harriers | SM | 30.51 |
| 61 | Gareth Knapper | Cheadle RC | M40 | 30.53 |

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| | | | | |
|-----|-------------------|-----------------------------|-----|-------|
| 62 | Matthew Basnett | Mow Cop Runners | SM | 30.57 |
| 63 | Bryn Holmes | Stone Master Marathoners | M45 | 30.58 |
| 64 | Andrew Walker | Newcastle Staffs AC | M45 | 31.01 |
| 65 | Alexander Evans | Lawley Running Club | SM | 31.03 |
| 66 | Darren Varley | Sandbach Striders | M40 | 31.06 |
| 67 | Martyn Davies | Newcastle Staffs AC | SM | 31.07 |
| 68 | Steven Bazell | City of Stoke AC | M40 | 31.14 |
| 69 | Craig Taylor | Newcastle Staffs AC | SM | 31.20 |
| 70 | Adam Grew | Trentham RC | M45 | 31.22 |
| 71 | Stuart Day | Cheadle RC | M45 | 31.24 |
| 72 | Robroy Gregory | City of Stoke AC | SM | 31.25 |
| 73 | Bruce Johnson | Newcastle Staffs AC | SM | 31.26 |
| 74 | Matthew Cox | Telford AC | SM | 31.27 |
| 75 | Jerome Stevens | Newcastle Staffs AC | M40 | 31.29 |
| 76 | Billy Hicks | Macclesfield Harriers & AC | SM | 31.30 |
| 77 | Alex Cann | South Cheshire Harriers | SM | 31.31 |
| 78 | Will Worthington | Trentham RC | JM | 31.33 |
| 79 | Ed Wilson | City of Stoke AC | SM | 31.35 |
| 80 | Richard Longley | Newcastle Staffs AC | M40 | 31.36 |
| 81 | Michael Smith | Telford Harriers | SM | 31.39 |
| 82 | Michael Keeling | Stone Master Marathoners | SM | 31.42 |
| 83 | Daniel Jordan | Trentham RC | M45 | 31.45 |
| 84 | Richard Watson | Colwyn Bay AC | SM | 31.46 |
| 85 | Anthony Woodall | West Cheshire Athletic Club | M45 | 31.47 |
| 86 | Richard Hayes | West Cheshire Athletic Club | M45 | 31.51 |
| 87 | Darren Cottier | Vale Royal AC | M45 | 31.54 |
| 88 | Billy Parkinson | Sandbach Striders | SM | 31.56 |
| 89 | Toby Hart | South Cheshire Harriers | M40 | 31.58 |
| 90 | Andy Twiss | South Cheshire Harriers | SM | 32.00 |
| 91 | Matt Harper | Newcastle (Staffs) Tri Club | M40 | 32.02 |
| 92 | Matt Wooden | Shrewsbury AC | SM | 32.03 |
| 93 | Tommy Armstrong | Vale Royal AC | M40 | 32.04 |
| 94 | Mark Hopper | Stone Master Marathoners | SM | 32.05 |
| 95 | Simon Dunn | Trentham RC | M55 | 32.06 |
| 96 | Phil Rowley | Newcastle (Staffs) Tri Club | M45 | 32.09 |
| 97 | Tim Hulse | Stone Master Marathoners | M45 | 32.11 |
| 98 | Jonathan Sewell | Buxton AC | M45 | 32.15 |
| 99 | Jordan Thomas | City of Stoke AC | JM | 32.16 |
| 100 | Glyn Pattinson | Cheadle RC | M45 | 32.17 |
| 101 | Mark Williamson | Stone Master Marathoners | M45 | 32.18 |
| 102 | Justin Green | Stafford Harriers | M45 | 32.20 |
| 103 | Mick Haire | Boalloy Running Club | M55 | 32.21 |
| 104 | Chris Goodfellow | Macclesfield Harriers & AC | M45 | 32.23 |
| 105 | Callum McGarrie | Chase Harriers | SM | 32.28 |
| 106 | Scott Zikmanis | Newcastle Staffs AC | M40 | 32.30 |
| 107 | Daniel Latham | Buxton AC | SM | 32.32 |
| 108 | Gary Postins | Sneyd Striders | M45 | 32.34 |
| 109 | Curtis Rodway | West Cheshire Athletic Club | JM | 32.37 |
| 110 | Josh Daley | Boalloy Running Club | SM | 32.38 |
| 111 | Sean Dyer | South Cheshire Harriers | SM | 32.40 |
| 112 | Mark Mayer | Trentham RC | SM | 32.41 |
| 113 | Andy Mayers | South Cheshire Harriers | M45 | 32.42 |
| 114 | Brian Whitlock | Macclesfield Harriers & AC | M45 | 32.43 |
| 115 | Paul Tattler | Newcastle Staffs AC | SM | 32.44 |
| 116 | Tom Wilne | Crewe and Nantwich AC | M45 | 32.47 |
| 117 | Daniel Whitehurst | Boalloy Running Club | SM | 32.49 |
| 118 | Peter Mallison | South Cheshire Harriers | M45 | 32.50 |

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| | | | |
|------------------------|-----------------------------|-----|-------|
| 119 Terry Wall | Boalloy Running Club | M50 | 32.52 |
| 120 Alex Wright | Macclesfield Harriers & AC | M40 | 32.52 |
| 121 Paul Glover | Stone Master Marathoners | M40 | 32.57 |
| 122 Andy Roberts | Congleton Harriers | M50 | 32.58 |
| 123 Tony Taylor | Sandbach Striders | M50 | 32.59 |
| 124 Andy Lidstone | Buxton AC | M50 | 33.01 |
| 125 Mick Hutchins | Sandbach Striders | M40 | 33.03 |
| 126 Lewis Adams | Trentham RC | SM | 33.04 |
| 127 James Simpson | South Cheshire Harriers | M45 | 33.04 |
| 128 Tobias Miller | Boalloy Running Club | SM | 33.05 |
| 129 David Fryer-Winder | Buxton AC | SM | 33.06 |
| 130 David Soles | Buxton AC | M55 | 33.07 |
| 131 Keith Harrison | Sneyd Striders | M55 | 33.07 |
| 132 Chris Moss | Congleton Harriers | M45 | 33.11 |
| 133 Andrew Allen | Boalloy Running Club | M50 | 33.12 |
| 134 Daniel Turner | Lawley Running Club | SM | 33.13 |
| 135 Shaun Wilde | Macclesfield Harriers & AC | M50 | 33.14 |
| 136 Matthew Scott | Vale Royal AC | M45 | 33.15 |
| 137 Spencer Holland | Stafford Harriers | M45 | 33.19 |
| 138 Matthew Gaunt | Boalloy Running Club | SM | 33.20 |
| 139 Andy Thomas | Sandbach Striders | M55 | 33.21 |
| 140 Michael Dobson | Stafford Harriers | M50 | 33.31 |
| 141 Peter Doran | Telford AC | M55 | 33.34 |
| 142 Victor Bennett | Telford Harriers | M45 | 33.37 |
| 143 Declan Martin | Chase Harriers | SM | 33.40 |
| 144 David Ratcliffe | Boalloy Running Club | M40 | 33.43 |
| 145 Ben Williams | Staffs Moorlands AC | SM | 33.46 |
| 146 John Sparkes | Keele University AC | SM | 33.54 |
| 147 Wayne Gallagher | Stafford Harriers | SM | 33.56 |
| 148 Mark Cornes | Mow Cop Runners | M40 | 33.58 |
| 149 Mark Jones | Colwyn Bay AC | M45 | 34.01 |
| 150 Tom Watson | Boalloy Running Club | SM | 34.02 |
| 151 Nigel Baskerville | South Cheshire Harriers | M50 | 34.03 |
| 152 Harry Porter | Boalloy Running Club | M45 | 34.10 |
| 153 Craig Sephton | Vale Royal AC | M45 | 34.14 |
| 154 Lloyd Bebbington | Newcastle (Staffs) Tri Club | SM | 34.15 |
| 155 Grant Mantle | Stone Master Marathoners | SM | 34.16 |
| 156 Chris Mosiuk | Trentham RC | SM | 34.17 |
| 157 Andy Pigg | Telford Harriers | M40 | 34.17 |
| 158 Paul Scullion | Chase Harriers | M40 | 34.28 |
| 159 Jonathan Ranford | Newcastle Staffs AC | M45 | 34.30 |
| 160 Neil Gerrity | Newcastle Staffs AC | SM | 34.43 |
| 161 Neil Pearsons | Buxton AC | M50 | 34.44 |
| 162 Ian Heath | Stafford Harriers | M45 | 34.49 |
| 163 Dave Pearsall | Newcastle (Staffs) Tri Club | M55 | 34.53 |
| 164 Adam Tatton | Telford AC | JM | 34.56 |
| 165 Gareth Davies | Stafford Harriers | M45 | 34.59 |
| 166 Mark Pilliner | Vale Royal AC | M50 | 35.00 |
| 167 Douglas Alcock | Trentham RC | M65 | 35.04 |
| 168 Adrian Frost | Trentham RC | M60 | 35.05 |
| 169 Carl Williams | Boalloy Running Club | M50 | 35.10 |
| 170 Robert Humphries | Rugeley Runners | SM | 35.12 |
| 171 Connor Smith | South Cheshire Harriers | JM | 35.16 |
| 172 Mark Cotton | Newcastle Staffs AC | M40 | 35.21 |
| 173 Geoff Fawkes | Vale Royal AC | M45 | 35.22 |
| 174 Chris Nixon | Newcastle (Staffs) Tri Club | M50 | 35.29 |
| 175 Isaac Elkington | Staffs Moorlands AC | SM | 35.29 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

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|-----|------------------------|-----------------------------|-----|-------|
| 176 | Lee Jones | Trentham RC | M45 | 35.37 |
| 177 | John Wood | Michelin AC | M60 | 35.43 |
| 178 | Richard Crump | Stafford Harriers | SM | 35.45 |
| 179 | Stuart Thomas | West Cheshire Athletic Club | M40 | 35.47 |
| 180 | Terry Barker | South Cheshire Harriers | M50 | 35.52 |
| 181 | Alistair Potter | Lawley Running Club | M50 | 35.54 |
| 182 | Christopher Wade | Boalloy Running Club | SM | 35.56 |
| 183 | Matthew Hough | Vale Royal AC | M45 | 35.58 |
| 184 | Ian Hodkinson | Stafford Harriers | M45 | 36.00 |
| 185 | Russell Godwin | Colwyn Bay AC | M50 | 36.01 |
| 186 | Neil Fowler | Crewe and Nantwich AC | M50 | 36.13 |
| 187 | Gavin Wright | Lawley Running Club | SM | 36.15 |
| 188 | Paul Broadhurst | Sneyd Striders | M50 | 36.17 |
| 189 | Christopher Williams | Colwyn Bay AC | M55 | 36.22 |
| 190 | Adrian Reeves-Jones | Cheadle RC | M50 | 36.26 |
| 191 | James Yates | Congleton Harriers | M40 | 36.36 |
| 192 | Paul Steel | Congleton Harriers | M50 | 36.38 |
| 193 | Harvey Myatt-Winterton | Newcastle (Staffs) Tri Club | JM | 36.39 |
| 194 | Andrew Dippie | Telford Harriers | M55 | 36.40 |
| 195 | Andrew Brownsword | Newcastle Staffs AC | SM | 36.43 |
| 196 | Laurence Regan | Stoke F.I.T | M50 | 36.46 |
| 197 | Jason Littlewood | Stafford Harriers | SM | 36.49 |
| 198 | Rory Willson | West Cheshire Athletic Club | JM | 36.51 |
| 199 | Tim Mainwaring | Colwyn Bay AC | SM | 36.53 |
| 200 | Tim Marsh | Macclesfield Harriers & AC | M45 | 36.54 |
| 201 | Stefan Ledin | Buxton AC | M55 | 36.55 |
| 202 | Nigel Moulton | Mow Cop Runners | M45 | 37.02 |
| 203 | Mark Platts | Staffs Moorlands AC | M45 | 37.03 |
| 204 | Keith Jellyman | Rugeley Runners | M55 | 37.07 |
| 205 | Rchard Smith | Lawley Running Club | SM | 37.11 |
| 206 | Ian Thomas Mulligan | Colwyn Bay AC | M50 | 37.14 |
| 207 | Paul Light | Buxton AC | M55 | 37.15 |
| 208 | Steve Walker | Telford Harriers | M45 | 37.20 |
| 209 | Jon Edmonds | Telford Harriers | M45 | 37.21 |
| 210 | Neal Jones | Colwyn Bay AC | SM | 37.23 |
| 211 | Mike Thomas | Shrewsbury AC | SM | 37.26 |
| 212 | Craig Carpenter | Stone Master Marathoners | SM | 37.29 |
| 213 | Matthew Burley | Trentham RC | SM | 37.30 |
| 214 | Gavin Harrison | Sneyd Striders | M40 | 37.35 |
| 215 | Peter Dolan | Lawley Running Club | SM | 37.36 |
| 216 | Peter Savill | Shrewsbury AC | M65 | 37.37 |
| 217 | James T Simpson | Stoke F.I.T | M40 | 37.40 |
| 218 | Barry Smith | Trentham RC | M50 | 37.45 |
| 219 | William McAulliffe | Stone Master Marathoners | M50 | 37.46 |
| 220 | Alan Burt | Chase Harriers | M55 | 37.47 |
| 221 | Dave Marsden | Stafford Harriers | M60 | 37.48 |
| 222 | Jason Riley | Newcastle (Staffs) Tri Club | M45 | 37.49 |
| 223 | Andrew Buckle | Telford Harriers | M40 | 37.52 |
| 224 | Tim Twentyman | Newcastle Staffs AC | M50 | 38.01 |
| 225 | Matt Way | Newcastle Staffs AC | SM | 38.09 |
| 226 | Neil Ridgway | South Cheshire Harriers | M60 | 38.11 |
| 227 | Chris Roberts | Sneyd Striders | M55 | 38.12 |
| 228 | Warren Thomas | Trentham RC | M45 | 38.13 |
| 229 | Nick Budd | Congleton Harriers | M55 | 38.16 |
| 230 | John Clarke | Vale Royal AC | M60 | 38.23 |
| 231 | David Follett | Mow Cop Runners | M45 | 38.24 |
| 232 | Samuel McQuigg | Sneyd Striders | M50 | 38.25 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

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|-----|------------------|-----------------------------|-----|-------|
| 233 | Simon Bromley | Stafford Harriers | M40 | 38.27 |
| 234 | Tony Archer | Vale Royal AC | M60 | 38.33 |
| 235 | Ian Sloss | Stoke F.I.T | M55 | 38.35 |
| 236 | Matt Stanyer | Newcastle (Staffs) Tri Club | SM | 38.38 |
| 237 | Darren Mattocks | Stafford Harriers | M40 | 38.47 |
| 238 | Gareth Evans | Sandbach Striders | M50 | 38.58 |
| 239 | Greg Julian | Trentham RC | M55 | 39.03 |
| 240 | Carl Bridgwood | Sneyd Striders | M45 | 39.06 |
| 241 | Barry Blyth | Macclesfield Harriers & AC | M70 | 39.08 |
| 242 | David Kivlin | South Cheshire Harriers | M40 | 39.16 |
| 243 | David Morrey | Cheadle RC | M50 | 39.17 |
| 244 | Robert Friel | Telford Harriers | M45 | 39.18 |
| 245 | Matthew Wright | Lawley Running Club | SM | 39.21 |
| 246 | Peter Bailey | Buxton AC | M55 | 39.23 |
| 247 | Paul Ruscoe | Telford Harriers | M50 | 39.25 |
| 248 | Raymond Wilson | Stoke F.I.T | M60 | 39.34 |
| 249 | Mark Dixon | Newcastle Staffs AC | M40 | 39.37 |
| 250 | Robin Chebsey | Telford Harriers | M45 | 39.41 |
| 251 | Ian Maullin | Sneyd Striders | M40 | 39.44 |
| 252 | Alex Yendole | Stone Master Marathoners | M45 | 39.56 |
| 253 | Mark Till | Sneyd Striders | M40 | 39.58 |
| 254 | Stuart Cassidy | Newcastle Staffs AC | M45 | 40.09 |
| 255 | Peter Panacek | Newcastle (Staffs) Tri Club | M40 | 40.11 |
| 256 | Timothy Rees | Chase Harriers | M40 | 40.14 |
| 257 | Andrew Legomski | Stoke F.I.T | M55 | 40.15 |
| 258 | Gus Erlandson | Telford Harriers | M60 | 40.16 |
| 259 | Rob Yates | Stone Master Marathoners | SM | 40.17 |
| 260 | Richard Bradshaw | Lawley Running Club | M45 | 40.20 |
| 261 | Richard Marland | Rugeley Runners | M70 | 40.29 |
| 262 | Paul Burslem | Trentham RC | M50 | 40.32 |
| 263 | Jonathan Howell | Stone Master Marathoners | M65 | 40.41 |
| 264 | Garry Leask | Sneyd Striders | M45 | 40.47 |
| 265 | Stephen Moody | Stoke F.I.T | M50 | 40.47 |
| 266 | Walter Mosiuk | Trentham RC | M60 | 40.50 |
| 267 | Mark Oliver | Stafford Harriers | M45 | 40.52 |
| 268 | Mark Wheelton | Macclesfield Harriers & AC | M55 | 41.03 |
| 269 | Matt Giles | Telford Harriers | M40 | 41.08 |
| 270 | Kevin Oakley | Newcastle Staffs AC | M50 | 41.15 |
| 271 | Ian Phillips | Rugeley Runners | M55 | 41.19 |
| 272 | Steven Corden | Staffs Moorlands AC | M40 | 41.21 |
| 273 | Kevin Davidson | Newcastle Staffs AC | SM | 41.27 |
| 274 | Chris Hardman | Trentham RC | M40 | 41.28 |
| 275 | Martin Rathbone | Stone Master Marathoners | M45 | 41.41 |
| 276 | Peter Williams | Stafford Harriers | M65 | 41.47 |
| 277 | Russell Cooper | Mow Cop Runners | M60 | 41.52 |
| 278 | Mark Gaunt | Boalloy Running Club | M45 | 41.55 |
| 279 | Nigel Poole | Congleton Harriers | M60 | 42.00 |
| 280 | Kevin Follows | Rugeley Runners | M55 | 42.12 |
| 281 | Ken Shenton | Cheadle RC | M60 | 42.15 |
| 282 | Paul Poulton | Chase Harriers | M60 | 42.26 |
| 283 | Nigel Tatton | Telford AC | M50 | 42.46 |
| 284 | Karl Latham | Trentham RC | SM | 43.10 |
| 285 | Andrew Wearden | Buxton AC | M45 | 43.17 |
| 286 | Gary Payne | Trentham RC | SM | 43.30 |
| 287 | Duncan Young | Congleton Harriers | M50 | 43.55 |
| 288 | Rob Mills | Stoke F.I.T | M40 | 44.05 |
| 289 | Tim Rolfe | Buxton AC | M45 | 44.15 |

NSCCL at Knights Grange, Winsford on Saturday 29 September 2018

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|-------------------------|-----------------------------|-----|-------|
| 290 David Taylor | Rugeley Runners | M45 | 44.27 |
| 291 Edwin Smith | Stafford Harriers | M65 | 44.37 |
| 292 Peter Smith | West Cheshire Athletic Club | M55 | 45.34 |
| 293 Steve Johnson | City of Stoke AC | M50 | 46.12 |
| 294 Dave Bennett | Stoke F.I.T | M45 | 46.31 |
| 295 Gareth Yeomans | Chase Harriers | M40 | 46.49 |
| 296 Gary Leedham-Hawkes | Chase Harriers | M50 | 46.55 |
| 297 George Webb | Buxton AC | M60 | 46.57 |
| 298 Rob Wood | Lawley Running Club | M40 | 47.04 |
| 299 Roy McCauley | Staffs Moorlands AC | M60 | 47.10 |
| 300 Ben Harper | Lawley Running Club | SM | 47.13 |
| 301 Carl Fenlon | Lawley Running Club | M40 | 47.45 |
| 302 Josh Ellis | Mow Cop Runners | SM | 47.51 |
| 303 Mark Duffey | West Cheshire Athletic Club | M55 | 49.11 |
| 304 Steve Burnham | Chase Harriers | M60 | 50.55 |
| 305 Neil Edwards | Wrexham AC | SM | 53.44 |
| 306 Robert Findler | Newcastle (Staffs) Tri Club | M55 | 59.16 |
| 307 Jim Griffith | Chase Harriers | M70 | 61.54 |

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|-------------------|---------------------------|-----|
| Senior Men Divisi | 1 City of Stoke AC | 36 |
| (6 counters) | 2 Shrewsbury AC | 127 |
| | 3 Newcastle (Staffs) AC | 159 |
| | 4 Keele University AC | 265 |
| | 5 Boalloy RC | 329 |
| | 6 Vale Royal AC | 410 |
| | 7 Newcastle(Staffs) Tri | 476 |
| | 8 Trentham RC | 477 |
| | 9 South Cheshire Harriers | 484 |
| | 10 Buxton AC | 614 |

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|-------------------|-------------------------------|-----|
| Senior Men Divisi | 1 Stone MM | 212 |
| (4 counters) | 2 Macclesfield Harriers | 263 |
| | 3 West Cheshire AC | 317 |
| | 4 Crewe and Nantwich AC | 337 |
| | 5 Sandbach Striders | 402 |
| | 6 Telford AC | 413 |
| | 7 Telford Harriers | 416 |
| | 8 Stafford Harriers | 421 |
| | 9 Cheadle RC | 422 |
| | 10 Lawley RC | 432 |
| | 11 Chase Harriers | 464 |
| | 12 Congleton Harriers | 467 |
| | 13 Staffordshire Moorlands AC | 567 |
| | 14 Colwyn Bay AC | 607 |
| | 15 Sneyd Striders | 641 |
| | 16 Mow Cop Runners | 643 |
| | 17 Stoke FIT | 896 |
| | 18 Rugeley Runners | 906 |